

"30/60/90 DAY BURST" AGREEMENT

(Red items need to be completed before the official 90-Day Burst start date.)

I AGREE TO.....

- 1) **Identify and write down My "WHY?"**
 - a. Thoughtfully identify your "Why?" **Complete the 'MY WHY?' document and submit it to your Sponsor / Melissa Kotter. *(You might have already completed this document if you're participating in TBG's StratLink Plan)***
 - b. Hang your "Why Document" where you **WILL SEE IT** and read it out loud first thing in the morning and just before sleep. (And/or carry it with you and read it throughout the day as a reminder of your 90-Day commitment.)

- 2) Write out my 30 second ASEA Product and Business Testimonial, (elevator pitch.)

- 3) Write out my 30 second ASEA Story (Why you chose to become an Associate with ASEA).

- 4) **Commit to the full 30/60/90-DAY BURST duration. (NO MATTER WHAT!)**
 - a. This is a 90-Day burst from your official start date.

- 5) **Commit to a minimum of _____ hours per week.**

- 6) Listen to the daily <http://www.ChargeUpCall.info> and <http://www.teachdaycall.info> calls through the SoundCloud App on my telephone, or online daily.
 - a. **Download the free SoundCloud App onto your telephone and follow ChargeUp and ASEA.**

- 7) Be on the weekly **Australia:** 8AM Saturday Morning (QLD Time) **USA:** 3PM (MDT) Friday Nights 90-DAY BURST mentoring zoom webinars.
 - a. Celebrating wins, training and mentoring advice will be discussed weekly during these calls by Coordinators, Mentors and guest speakers.

- 8) **Identify a "MENTOR"**
 - a. Your mentor needs to be someone you respect, someone you trust and someone who will help to keep you on track.
 - b. You will be in touch with your mentor for a weekly 10 minute Coaching Call at a time of your choosing to discuss your wins, your weekly statistics on your Organizational Coaching Report (OCR) and to get any questions you may have, answered.
 - c. Email your Mentor's name and contact details to melissakotter@gmail.com (If StratLink Group Participant) or to your Sponsor.
 - d. StratLink Participants choose a mentor that will sustain you throughout your 3 year goals

- 9) **Identify a "Buddy"**
 - a. This is an Associate of your choosing, (can be the same as your Mentor, as above) who is also on the "90-Day Burst" with similar goals and convictions, whom you will touch bases with for 5 minutes or less x 2-3 days per week for a quick update on your wins &

to review your ASEA goals. (NOTE: If you cannot find a “buddy” please email melissakotter@gmail.com)

- b. Email your Buddy’s name and contact details to melissakotter@gmail.com (If StratLink Group Participant) or to your Sponsor.

10) **Commence my MASTER LIST / 100+ NAMES LIST**

- a. At this stage, Eric Worre’s Memory Jogger is the preferred method for capturing names. *(You might have already completed this document if you’re participating in TBG’s StratLink Plan)*
- b. Qualify your list by identifying your top 20 names (aka: names on your “chicken list.”)
- c. Add to your ‘living’ list daily or every time you think of a new name.

11) **Purchase and start reading / listening to, Eric Worre’s “GoPro” Book**

- a. You can purchase a copy at <http://www.networkmarketingpro.com> it can also be found in video format in ASEA’s “Attitude Pack.” <http://bit.ly/1ZXrtfW>

12) **Order your business cards** either through <http://www.aseastore.com> under “Custom Print” or [\(Click Here\)](#) for inexpensive Vista Print ASEA business cards. *(You might have already done this if you’re participating in TBG’s StratLink Plan)*

13) Write out my GOALS and accomplishments in my journal, everyday. (optional)

14) Write out my “TO-DO List” of activities every night in preparation for the next day.

a. When you schedule your activities they become REAL.

15) Commit to activating your first Fast4Ward 20/20 challenge

- a. Set a solid date with your Mentor / Sponsor to begin your presentations. *(You might have already completed this step if you’re participating in TBG’s StratLink Plan)*

16) Commit to completing a minimum of 5, 3-way telephone calls with my upline sponsor / mentor in your first 30 days.

17) Email this completed document to melissakotter@gmail.com ASAP

NAME: _____ SIGNATURE: _____ DATE: _____

ASSOCIATE ID # _____

MENTOR NAME: _____ BUDDY NAME: _____

MENTOR Tph #: _____ BUDDY Tph # _____