

# "MY WHY!"

(\*\* It is critically important to put deep thought into your why. You need to get emotionally involved in your why, so make it something you're worthy of.)  
(You need to read it out loud first thing in the morning and just before bed every night.)

## MY PERSONAL MOTIVATION TO MAKE THIS ( ) RUN A SUCCESS

1) I no longer choose to focus on the negative aspects of my life.....(list your moving away from values.)

**"At Last At Last, The Past is Past, I've Broken Free and Won. Now It's Time To Love Myself and Really Have Some Fun."**

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2) I am willing to do whatever it takes to design the life of my dreams. (List your dreams and desires.)

**For ME:**

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**Question: What are the consequences of not having achieved the above desires / dreams for ME?**

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**For MY FAMILY:**

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**Question: What are the consequences of not having achieved the above desires / dreams for my FAMILY?**

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**For MY FELLOW MANKIND:**

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**Question: What are the consequences of not having achieved the above desires / dreams for my FELLOW MANKIND?**

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## "MY I AM ASEA STATEMENTS!"

3) I AM now ..... (e.g: A Diamond with ASEA.....A strategic Leaders and Thinker.....A Pioneer.....etc.)

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## "MY (top 10) GRATITUDE LIST!"

1) _____	6) _____
2) _____	7) _____
3) _____	8) _____
4) _____	9) _____
5) _____	10) _____